



Personalized Environment and Genes Study (PEGS)

Powerful science for integrating genomic and environmental data to understand human health

Join PEGS to help scientists improve the prevention and treatment of diseases

The Personalized Environment and Genes Study (PEGS) collects health, exposure, medical, and genetic data to discover how the environment and genes affect our health.

Who can participate?

- Adults living in North Carolina.

What is required?

- Blood and urine samples.
- Optional samples may be requested and include stool, saliva, dust in your home, and others.
- Completion of surveys to answer questions about your health, diet, lifestyle, and environmental exposures.
- Periodically complete recontact surveys to update your information.

Why should I join?

By joining this study, you may help scientists:

- Find genetic and environmental factors that increase our risk of various diseases such as diabetes, heart disease, allergies, asthma, cancer, and many others.
- Better understand the causes of various diseases.
- Find better ways to prevent diseases.
- Compensation is provided based on the surveys completed and samples collected.

Who is running the study?

The study is led by Lawrence Kirschner, M.D., Ph.D., and Alison Motsinger-Reif, Ph.D., at the National Institute of Environmental Health Sciences Clinical Research Unit in Research Triangle Park, North Carolina.

For information about this study:

- Call 1-855-MYNIEHS (1-855-696-4347).
- Email myniehs@niehs.nih.gov.
- Visit our website at <https://joinastudy.niehs.nih.gov/studies/pegs>.

