



# Join PEGS

To help scientists improve the prevention and treatment of diseases

**PEGS**, the **P**ersonalized **E**nvironment and **G**enes **S**tudy (formerly named the Environmental Polymorphisms Registry or EPR), collects health, exposure, medical, and genetic data to discover how our environment and genes affect our health. By joining this study, you will be supporting new scientific discoveries that could improve the prevention, treatment, and understanding of diseases such as diabetes, heart disease, allergies, asthma, cancer, and many others.

## Who can participate?

- Adults living in North Carolina.

## What is required?

- Blood and urine samples.
- Completion of surveys to answer questions about your health, diet, lifestyle, and environmental exposures.
- Periodically complete recontact surveys to update your information.
- Optional sample collections include stool, saliva, dust in your home, and others.
- Compensation is dependent on surveys completed and samples collected.

## Why should I join?

- Help scientists find genetic and environmental factors that increase our risk of various diseases.
- Help scientists better understand the causes and mechanisms of various diseases.
- Help scientists find better ways to prevent diseases.

## Who is running the study?

The study is led by Janet Hall, M.D., and Alison Motsinger-Reif, Ph.D., at the National Institute of Environmental Health Sciences Clinical Research Unit in Research Triangle Park, North Carolina.

## For information about this study:

Call 1-855-MYNIEHS (1-855-696-4347).

Email [myniehs@niehs.nih.gov](mailto:myniehs@niehs.nih.gov).

Visit our website at <https://joinastudy.niehs.nih.gov/studies/pegs>.

