



inVitD Trial

The Investigation of Vitamin D and Menstrual Cycles

Have you wondered what affects your menstrual cycles?
We have too.

Help us learn how vitamin D might improve menstrual
cycle health!

Who can participate?

You may be able to join inVitD if you:

- Are between the ages of 19 and 40.
- Have a uterus and ovaries.
- Have menstrual periods that are less than 50 days apart.
- Are not pregnant.
- Are not using hormones for any reason, including birth control.

What is required?

- Attend three clinic visits in the Durham area over the course of five months.
- Complete online surveys about your menstrual cycle, health history, and diet.
- Collect small amounts of urine daily.

You may receive up to \$1,050 for completing all of these activities.

Who is running the trial?

A team led by researcher Anne Marie Jukic, Ph.D. at the National Institute of Environmental Health Sciences Clinical Research Unit in Research Triangle Park, North Carolina.

For more information:

- Call 1-800-945-2459.
- Email info@invitedtrial.net.
- Visit our website at www.invitedtrial.net.

