



# Join PEGS

To help scientists improve the prevention and treatment of diseases

**PEGS**, the **P**ersonalized **E**nvironment and **G**enes **S**tudy (formerly named the Environmental Polymorphisms Registry or EPR), collects health, exposure, medical, and genetic data to discover how our environment and genes affect our health. By joining this study, you will be supporting new scientific discoveries that could improve the prevention, treatment, and understanding of the causes and mechanisms of diseases such as diabetes, heart disease, allergies, asthma, cancer, and many others.

## Who can participate?

- Anyone 8 years of age and older.
- Living in North Carolina, United States.

## What is required?

- Small blood sample (approximately 1 tablespoon).
- Urine sample.
- Complete one or more surveys to answer questions about your health, diet, lifestyle, and environmental exposures.
- Periodically complete recontact surveys to update your information.

## Why should I join?

- Help scientists find genetic and environmental factors that increase our risk of various diseases.
- Help scientists better understand the causes and mechanisms of various diseases.
- Help scientists find better ways to prevent diseases.

## Who is running the study?

The study is led by Janet Hall, M.D. ([janet.hall@nih.gov](mailto:janet.hall@nih.gov)) and Alison Motsinger-Reif, Ph.D. ([alison.motsinger-reif@nih.gov](mailto:alison.motsinger-reif@nih.gov)) at the National Institute of Environmental Health Sciences, a part of the National Institutes of Health.

## For more information:

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Visit our website at <https://joinastudy.niehs.nih.gov/studies/pegs>

