



# Women's Reproductive Health Study

## *Part of the Demystifying a Girl's First Period Study*

This two-month study is recruiting women with polycystic ovary syndrome (PCOS), a condition characterized by infrequent or prolonged menstrual periods or the production of abnormal amounts of male hormones. The information we learn may help us understand how to detect signs of hormone problems and prevent reproductive health disorders in women.



### **Who can participate?**

- Women ages 18-34.
- PCOS diagnosis.
- No current hormonal medication use.

### **What is required?**

- One screening visit to donate blood and urine and answer medical questionnaires.
- Pelvic ultrasound test.
- Body composition measurement.
- Daily urine tests to measure hormones.
- Participants compensated up to \$350.

### **Who is running the study?**

- A team, led by pediatrician and hormone specialist Natalie Shaw, M.D., at the National Institute of Environmental Health Sciences Clinical Research Unit.

### **For information about this study, parents may:**

- Call 1-855-MYNIEHS (1-855-696-4347).
- Email [myniehs@niehs.nih.gov](mailto:myniehs@niehs.nih.gov).
- Visit our website at [joinastudy.niehs.nih.gov/studies/womens-reproductive](https://joinastudy.niehs.nih.gov/studies/womens-reproductive).



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